



## WEEK 3 – AUTUM TERM LUNCH MENU

WC 12 September, 3 October, 7 November, 28 November

	Monday	Tuesday	Wednesday	Thursday	Friday
Traditional Counter Main Choice	Chicken Katsu Curry	Cumberland Sausage	Teriyaki Beef Stir Fry	Jerk Chicken Thighs	Beef Burgers
Sides	Basmati Rice Stir Fry Veg	Mashed Potato Peas and Carrots	Noodles Stir Fry Chilli Veg	Rice & Peas Sautéed greens	Chips Sweetcorn & Coleslaw
Vegetarian Choice	Vegetable Katsu Curry	Quorn Sausages	Quorn in Black Bean Sauce	Caribbean Vegetable & Coconut Stew	BBQ Quorn Wings
Pasta Bar	Tomato & Basil Sauce	Creamy Chicken Pasta Bake	Chorizo Carbonara	Tomato & Roasted Med Veg	Red Pesto Pasta
Light Choice	Ham Salad Wrap	Tuna & Cucumber Baguette	Tomato Soup	BLT Baguette	Jacket Potato Baked Beans
Dessert	Raspberry Sponge Vanilla Icing	Lemon Cheesecake	Chocolate Chip Shortbread	Frosted Banana Cake	Chocolate Bread & Butter Pudding

Menus may be subject to change depending on the circumstances of the daily business.

If you have a food allergy or intolerance, please ask a member of the Catering team, who will be happy to help with your menu selection.