

**Types of Volunteering** – Volunteering opportunities have been grouped into five categories:

- Helping people
- Community action and raising awareness
- Coaching, teaching and leadership
- Working with the environment and animals
- Helping a charity or community organisation

**Guidance** – There are guidance notes, an ideas list, and an activity planner on the DofE web site – go to [www.dofe.org/volunteering](http://www.dofe.org/volunteering)

### **Volunteering in the Cadet Forces**

The ACF and CCF are voluntary organisations, and cadets and young CFAVs can count their voluntary work in the Cadet Forces towards their Volunteering section when they make a contribution to the organisation. Activities which could count towards Volunteering in the ACF and CCF are:

- Mentoring younger cadets
- Running the Detachment tuck shop
- Helping to improve the Detachment HQ inside and/or outside
- Looking after the stores
- Keeping first aid kits up to date
- Maintaining records
- Dealing with the administration
- Instructing cadets in APC subjects
- Practical DofE Leadership
- Leading cadets in specialist activities (e.g. AT, sport, etc.)
- Developing training aids
- Undertaking a 3-star Cadet and Community Project
- Leading a Cadet & Community project as a 4-star option
- Adopting a war memorial and keeping it maintained
- Helping with Outreach projects
- Establishing links with ex-service organisations (e.g. Royal British Legion, ABF- the Soldiers' Charity, etc.) and assist in fundraising, visiting etc.

Most of these activities may also be followed by CCF Cadets.

Training can be provided by the APC Cadet & Community syllabus, Junior or Senior NCO Cadre, Introduction to the DofE, Community Sports Leader, First Aid courses, Leadership courses, AT instructor courses, Advanced Standard APC (CCF) and informal training at the Detachment. Remember that only a quarter of the total time can be counted as training.

Assessment would be given by the Detachment Commander, CCF Officers, Company Commander, County Training Officer, County DofE Officer, County Sports Officer etc. as appropriate.