

Think Freemen's



Senior Sports Day

Wednesday 9th May 2018

Dear parents, pupils and guests,

Welcome to Ashtead Park and the Senior School Sports Day; we hope you have an enjoyable afternoon. This programme details the events, timings and key information. Your support at this event is greatly appreciated.

The afternoon is a fantastic opportunity to showcase the sporting talent that we have at Freeman's and to celebrate success.

The Senior Pupils (Upper 5 – Upper 6) will compete for the points in athletics which contribute to the Cock House Shield. These events will all take place on the playing fields behind Main House. We will announce the results by the track at the end of the event.

May we take this opportunity to thank the academic staff, PE and Games staff, IT, Sodexo, grounds team and the maintenance department for all their help in preparing such a huge event and for all the assistance on the day.

Finally, thank you to all the pupils that will compete for their houses today, good luck to all competitors.

Yours sincerely

Freemen's PE & Games Department

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Sports Programme

1245 – 1330

Lunch

1330 – 1345

Arrive at Track

House Meeting

Team Organisation

Competitors Prepare for Events

1545 – 1555

Results

Senior Boys Track Events	
1345 – 1445	
1	100m Hurdles: Senior Boys 'A'
2	800m Senior Boys 'B'
3	800m Senior Boys 'A'
4	200m Senior Boys 'B'
5	200m Senior Boys 'A'
6	1500m Senior Boys 'A'
7	400m Senior Boys 'B'
8	400m Senior Boys 'A'
9	100m Senior Boys 'B'
10	100m Senior Boys 'A'

Senior Boys Field Events	
1445 – 1530	
Discus	Senior Boys
Javelin	Senior Boys
High Jump	Senior Boys
Shot Putt	Senior Boys
Long Jump	Senior Boys
Triple Jump	Senior Boys

Senior Girls Field Events	
1345 – 1430	
Discus	Senior Girls
Javelin	Senior Girls
High Jump	Senior Girls
Shot Putt	Senior Girls
Long Jump	Senior Girls
Triple Jump	Senior Girls

Senior Girls Track Events	
1430 – 1530	
1	80m Hurdles: Senior Girls 'A'
2	800m Senior Girls 'B'
3	800m Senior Girls 'A'
4	200m Senior Girls 'B'
5	200m Senior Girls 'A'
6	1500m Senior Girls 'A'
7	300m Senior Girls 'B'
8	300m Senior Girls 'A'
9	100m Senior Girls 'B'
10	100m Senior Girls 'A'

Senior Relay Races	
1530 – 1545	
1	Senior Girls Relay 'B'
2	Senior Boys Relay 'B'
3	Senior Girls Relay 'A'
4	Senior Boys Relay 'A'

Senior Boys

Field Records	Record	Name	House	Year
Discus	27.87 m	E Stringer	Hale	2015
High Jump	1.77 m	T Hines	Whittington	1997
Javelin	38.70 m	F Tame	Hale	2017
Long Jump	7.00 m	A Slaughter	Whittington	1994
Shot Putt	11.02 m	L Hunter	Whittington	2017
Triple Jump	13.60 m	A Slaughter	Whittington	1994

Track Records	Record	Name	House	Year
100m	10.98s	M Rees	Gresham	2008
100m hurdles	15.91s	D Bell	Hale	2017
200 m	22.94s	A Slaughter	Whittington	1994
400 m	54.00 s	R Douglas	Hale	1999
800 m	2m 7.76s	R Douglas	Hale	1999
1500 m	4m 22.32s	S Eglen	Gresham	2011
Relay	47.30 s		Whittington	1992

Please note that the highlighted events (e.g. Discus) have new records as of 2015 due to changes in the format (e.g. weight of discus, height of hurdles et cetera)

Senior Girls

Field Records	Record	Name	House	Year
Discus	24.25 m	H Williams	Gresham	2006
High Jump	1.55 m	C Jenkins	Gresham	1980
Javelin	28.90 m	L Armitage	Hale	2008
Long Jump	4.98 m	L Shelton	Gresham	1995
Shot Putt	9.80 m	M Eldridge	Whittington	2009
Triple Jump	9.62 m	E Stewart	Hale	2014

Track Records	Record	Name	House	Year
100m	12.58 s	I Briggs	Hale	2017
80m hurdles	12.03 s	N Clementis	Gresham	2003
200 m	25.1 s	A Dunn	Whittington	1976
300 m	44.98 s	N Clementis	Gresham	2003
800 m	2m 30.48 s	S Parham	Whittington	2005
1500 m	4m 59.97 s	G Eglen	Gresham	2015
Relay	54.09 s		Hale	2017

Please note that the highlighted events (e.g. Discus) have new records as of 2015 due to changes in the format (e.g. weight of discus, height of hurdles et cetera)



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